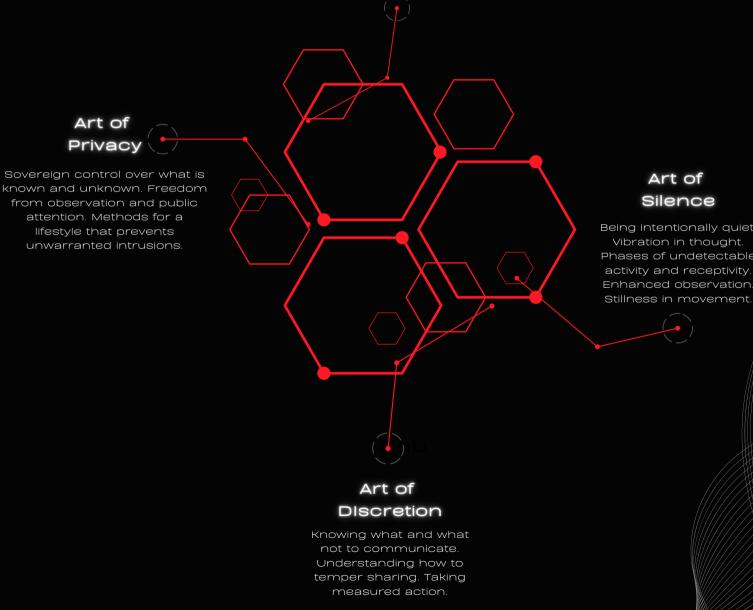


4 Arts for a Fortified Life

## Art of The Prime Directive

Observation. Perception for the proper time to provide assistance. Based on another's invitation. Allowing a person to experience what is necessary to develop. Avoidance of unsolicited guidance. Interference can disrupt a person's growth path.



Silence Being intentionally quiet. Vibration in thought. Phases of undetectable

Art of